

The Transformation

Paradigm #5

When thinking differently is the only option for discovering solutions”—

Celeste E. Terry, MSSA

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Celeste E. Terry, MSSA

Publisher, Writer

On Saturday, June 24th, we had the second Transformation Paradigm workshop at the wonderful bookstore, A Cultural Exchange on 12624 Larchmere Blvd. in Cleveland, OH. It was attended by over 25 people—a diverse audience of men, and black and white women. I also learned how to use Eventbrite to promote the workshop widely.

In meeting new people, I suddenly had new, beautiful promotion flyers, business cards and a large poster that I now use as my visual during my lectures. It has all been ordered, and I am just following and putting into place what has been ordered for me by the Universe. Things are coming together the way I had *imagined* it would.

The group bonded and enjoyed the working lunch exercise. Celeste led the group in a guided imagery exercise designed to explore process and the ability to withstand the length of time *any* process may take to achieve a certain outcome and goal. It got people thinking! Some people shared that they start things, but then get stuck and do not accomplish what it is that was identified. So, they came to the workshop to help them get unstuck.

Others just enjoyed being in a new space, surrounded by books— in a comfortable, supportive environment where people could discuss personal goals, set-backs and how to still get there—despite setbacks. It was good, positive energy. And, people bought books from A Cultural Exchange, which I encouraged them to do. We must support privately owned bookstores in this day and age of less bookstores in communities.

Celeste gave the group a homework assignment, and they are already working on the homework—looking forward to our next workshop— **Saturday, October 24, 2017 from 11:00am-2:00pm at A Cultural Exchange.**

Another exciting thing to happen was that after the workshop, one of the attendees invited Celeste to deliver the Commencement address at the Luther E. Ball High School (for incarcerated young men ages 17-20) in November. How awesome is that? Apparently, the Transformation Paradigm workshop provided value, and moved the attendee enough to want Celeste to speak to those young men.

As I said in the previous newsletter, just starting the workshop series has opened another door. One just has to start. When will you start? When will you work through your fear? What are you being *intentional* about?

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If you need to be around people with good energy, striving to work through the ***process*** to reach your goal (s)—then plan on attending the next workshop. It is an investment in you.

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